





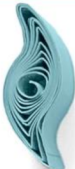

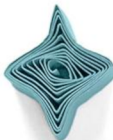
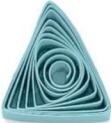


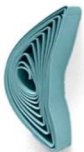




# Loose Coil Practice Sheet #1

<i>Tight Coil</i>		<i>Loose Coil</i>		<i>Oval</i>	
					
<i>Teardrop</i>		<i>Curved Teardrop</i>		<i>Marquise</i>	
					
<i>Curved Marquise</i>		<i>Square</i>		<i>Diamond</i>	
					
<i>Triangle</i>		<i>Rectangle</i>		<i>Half Circle</i>	
					
<i>Half Moon</i>		<i>Bunny Ear</i>		<i>Duck Foot</i>	
					
<i>Heart</i>		<i>Arrowhead</i>		<i>Trumpet</i>	
